

**Guidance notice:** This product is a food supplement and should be used in conjunction with food as part of a healthy balanced diet, not as a substitute for such. This product is not intended to diagnose, cure or prevent any disease. This product is not intended for use by persons under the age of 16. Keep out of reach of young children. Do not exceed the stated daily dose. **Store in a cool dry place away from direct sunlight.**



**Manufactured in the United Kingdom by:**  
Reflex Nutrition Ltd, The Science Park,  
Sea View Way, Brighton, BN2 6NT.  
[reflex-nutrition.com](http://reflex-nutrition.com)



The ingredients of this product may originate from countries other than the United Kingdom.

**R-BAR is a protein bar of unrivalled quality incorporating nutritionally uncompromised ingredients. Created in our bespoke state of the art factory in Sussex, every ingredient has been carefully selected providing you with the finest protein, whole nut butters, cocoa butter and carefully tailored natural flavours. Crucially, it contains NO palm oil, glucose syrup or GMO ingredients.**

[R-Bars.com](http://R-Bars.com)

R-Bar

@ReflexRBar

REFLEX NUTRITION

Food supplement

**60 g e**

**CHERRY BAKEWELL**



**20g**  
PROTEIN

**9g**  
FIBRE

**2g**  
SUGAR

**PROTEIN**

Protein bar with cocoa butter, nut butter & natural sweetener (stevia).  
Free from palm oil, gluten, artificial flavourings & colours.

[R-Bars.com](http://R-Bars.com)

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Best before end:

**INGREDIENTS:**

**MILK** Proteins (35%), Soluble Gluco Fibre, Almonds (15%) [**NUTS**], Glycerine, Cocoa Butter, Water, Freeze Dried Cherries (2%), Natural Flavourings, Citric Acid, Sea Salt, Natural Sweetener (Stevia), Antioxidant (Tocotrienols as DeltaGold®).

**Made in a facility which handles gluten and peanuts.**

**NUTRITION INFORMATION**

Typical values	per 100 g	per bar		per 100 g	per bar
Energy	1,479 kJ	887 kJ	Carbohydrate	16.9 g	10 g
	355 kcal	213 kcal	of which Sugars	3.3 g	2 g
Fat	15.8 g	9.5 g	Glycerine	9.9 g	6 g
of which Saturates	5.8 g	3.5 g	Fibre	14.8 g	9 g
Mono-unsaturates	7.2 g	4.3 g	Protein	33 g	20 g
Polyunsaturates	2.2 g	1.3 g	Salt	0.5 g	0.3 g
Trans-Fat	<0.1 g	<0.1 g			

Stevia



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