

Guidance notice: This product is a food supplement and should be used in conjunction with food as part of a healthy balanced diet, not as a substitute for such. This product is not intended to diagnose, cure or prevent any disease. This product is not intended for use by persons under the age of 16. Keep out of reach of young children. Do not exceed the stated daily dose. **Store in a cool dry place away from direct sunlight.**



Manufactured in the United Kingdom by:
Reflex Nutrition Ltd, The Science Park,
Sea View Way, Brighton, BN2 6NT.
reflex-nutrition.com



The ingredients of this product may originate from countries other than the United Kingdom.

R-BAR is a protein bar of unrivalled quality incorporating nutritionally uncompromised ingredients. Created in our bespoke state of the art factory in Sussex, every ingredient has been carefully selected providing you with the finest protein, whole nut butters, cocoa butter and carefully tailored natural flavours. Crucially, it contains NO palm oil, glucose syrup or GMO ingredients.

R-Bars.com

f R-Bar

@ReflexRBar

REFLEX NUTRITION

Food supplement

60 g e

COOKIES & CREAM



20g
PROTEIN

10g
FIBRE

1g
SUGAR

Protein bar with cocoa butter, nut butter & natural sweetener (stevia).
Free from palm oil, gluten, artificial flavourings & colours.

R-Bars.com

f R-Bar

@ReflexRBar

Best before end:

INGREDIENTS:

MILK Proteins (32%), Soluble Gluco Fibre, Almonds (19%) [**NUTS**], Glycerine, Cocoa Butter, Water, Whey Protein Crispies (3%) (Whey Protein [**MILK**], Rice Flour, **SOYA** Lecithin), Cocoa Powder, Natural Flavourings, Sea Salt, Natural Sweetener (Stevia), Antioxidant (Tocotrienols as DeltaGold®).

Made in a facility which handles gluten and peanuts.

NUTRITION INFORMATION

Typical values	per 100 g	per bar		per 100 g	per bar
Energy	1,460 kJ	876 kJ	Carbohydrate	16.9 g	10 g
	350 kcal	210 kcal	Sugars	1.8 g	1 g
Fat	14.8 g	9 g	Glycerine	9.9 g	6 g
of which Saturates	4.7 g	2.82 g	Fibre	16.2 g	10 g
Mono-unsaturates	7.1 g	4.26 g	Protein	33.3 g	20 g
Polyunsaturates	2.3 g	1.4 g	Salt	0.5 g	0.3 g
Trans-Fat	<0.1 g	<0.1 g			

Stevia



5 0 3 3 5 7 9 0 1 8 5 3 9 >

822 3 004 0060 38 01

AV1.0 - FY1 - 22/12/14